



JULY•2017

Briar Creek II

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						8am Coffee & Donuts 9am Social Club News BLOOD PRESSURE CHECK
2	1pm Sit & Stitch	9:00A Aerobic/Cardio Exercises – Phase II 10:00A Chair Yoga – Phase II 1pm Mah Jongg Phase II Independence Day	5 Early Bird Breakfast at "Daddy's"	10:15A Zumba Gold Phase II (subject to change)	7 10AM Bible Study	8 8am Coffee & Donuts 9am Social Club News
9	10 1pm Sit & Stitch	9:00A Aerobic/Cardio Exercises – Phase II 10:00A Chair Yoga – Phase II 1pm Mah Jongg Phase II	12 Early Bird Breakfast at "Daddy's"	10:15A Zumba Gold Phase II (subject to change) FINAL MEDIA INFO DUE TO PETE	14 10AM Bible Study	15 8am Coffee & Donuts 9am Social Club News Non Perishable Foods for Food Pantry
16	17 1pm Sit & Stitch BINGO	9:00A Aerobic/Cardio Exercises – Phase II 10:00A Chair Yoga – Phase II 1pm Mah Jongg Phase II	19 Early Bird Breakfast at "Daddy's" Ladies Luncheon 1pm	10:15A Zumba Gold Phase II (subject to change)	10AM Bible Study	8am Coffee & Donuts 9am Social Club News
23	1pm Sit & Stitch	9:00A Aerobic/Cardio Exercises - Phase II 10:00A Chair Yoga - Phase II 1pm Mah Jongg Phase II	26 Early Bird Breakfast at "Daddy's"	10:15A Zumba Gold Phase II (subject to change) BUNCO 630pm	10AM Bible Study 28	8am Coffee & Donuts 9am Social Club News
30	1pm Sit & Stitch					S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31